

# Couple Agreement

We, \_\_\_\_\_, agree to be as honest as possible in our discussions as part of our attempt to improve our relationship. This may mean that difficult or embarrassing events may be discussed. In the event of divorce, we agree not to use the therapy (progress) notes of Wendy Galambos, M.A., LPC, against each other for any reason (e.g. child custody, divorce legal proceedings, etc.).

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Witness: \_\_\_\_\_ Date: \_\_\_\_\_