

# Professional Disclosure Statement

## Naomi Hunsaker MA LPC CADCI

Licensed Professional Counselor/ Certified Alcohol and Drug Counselor I

*Family Institute, P.C.*

4110 Pacific Ave., Suite 102, Forest Grove, Or 97116 &  
9600 SW Oak St., (Plaza West), Suite 280, Tigard, Oregon 97223  
(503) 601-5419

### **Philosophy & Approach to Counseling**

I see counseling as a collaborative relationship that helps explore and develop insight into life challenges. The goal of counseling is to establish a safe place where you can gain awareness and re-evaluate your life. Counseling fosters growth by challenging harmful thinking and is a supportive process that brings empowerment and hope to your personal goals.

I practice counseling as a holistic integration of the mental, physical, social, and spiritual aspects of life. Challenges are explored within your personal context, which ensures your needs are met in respect to your family and culture. This way of viewing challenges additionally enables us to take into consideration the impact of your concerns on your relationships.

### **Education, Training, & Experience**

I am a licensed professional counselor and certified drug and alcohol counselor in the state of Oregon. I hold a Master of Arts degree in counseling from George Fox University and a Bachelor of Arts degree in psychology from the University of Washington. My key coursework includes Principles and Techniques of Counseling, Psychopathology and Appraisal, Personality and Counseling Theory, Group Therapy, Substance Abuse and Dependence, Couples Therapy, Family Therapy, Human Growth and Development, Social and Cultural Foundations, and Spiritual and Clinical Praxis.

My experiences include counseling and training in community mental health, private practice, crisis counseling, and addictions treatment. I have experience assessing, diagnosing, and treating various psychological disorders. In addition, I have lived 15 years internationally and therefore have exposure to and a wide understanding of cultural differences. I work with individuals, couples, families, adolescents, and groups.

### **Continuing Education**

I strongly support the need for continuing education, and make it a priority for my professional growth as a counselor to complete a minimum of 40 clock hours of continuing education in counseling every two years.

**Payment for Services**

Counseling sessions are covered by a variety of insurance companies or can be paid for on a cash pay rate. I charge \$90.00 for Initial sessions and \$70.00 for additional individual, Couple and Family Counseling sessions.

**Client Bill of Rights**

- \* To expect that a licensee has met the minimal qualifications of training and experience required by state law
- \* To examine public records maintained by the Board and to have the Board confirm credentials of a licensee
- \* To obtain a copy of the Code of Ethics
- \* To report complaints to the Board
- \* To be informed of the cost of professional services before receiving the services
- \* To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions
  1. Reporting suspected child abuse
  2. Reporting imminent danger to client or others
  3. Reporting information required in court proceedings or by client’s insurance company, or other relevant agencies
  4. Providing information concerning licensee case consultation or supervision
  5. Defending claims brought by client against licensee
- \* To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services

You may contact the Board of Counselors and Therapists at the following address and number:

*Oregon Board of Professional Counselors and Therapists*  
 3218 Pringle Rd SE #250  
 Salem, OR 97302-6312  
 (503) 378-5499

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Client’s signature \_\_\_\_\_ Date \_\_\_\_\_

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Counselor’s signature \_\_\_\_\_ Date \_\_\_\_\_