

Family Institute, P.C.

Main Office: 4110 Pacific Ave., Suite 202
Forest Grove, OR 97116
Appointments: (503) 357-9548

Tigard Office: 9735 SW Shady Lane, Suite 304

Tigard, OR 97223

## **PHILOSOPHY:**

My philosophy comes out of a family systems approach to therapy. A system approach emphasizes the interrelatedness of ones relationships. I seek to work with the clients in a strength-focused and client-centered manner. I utilize both a cognitive/behavioral approach and solution focus approach to therapy. I seek to be a facilitator in helping the client build a contract of goals as we explore beliefs, perceptions, attitudes, thoughts and feelings. I also focus on helping the client build strong skills in communication. The client assumes personal responsibility in the resolution of issues. I seek to provide a safe environment where a client can freely explore their issues so that positive and lasting change can occur.

My goal is to become a Licensed Marriage and Family Therapist and recognized by the Oregon Board of Licensed Professional Counselors and Therapists. I will abide by its Code of Ethics. (0AR 833-60-001) I also subscribe to the Codes of ethics of the American Association of Marriage and Family Therapist. (AAMFT)

## **EDUCATION LEVEL/TRAINING/CERTIFICATION:**

I have a Master of Divinity Degree in Pastoral Ministries from Western Conservative Baptist Seminary and a Masters in Marriage and Family Therapist from George Fox University, Portland, Oregon. Some of my course work has included Principles and Techniques of Counseling, Personality and Counseling Theory, Introduction & Advanced Marriage Therapy, Psychopathology & Appraisal, Depression/ Suicide Prevention & Treatment, Effective Couple Communication, Substance Abuse from a Systemic Perspective, Human Growth and Development, Counseling. I have had over thirty years of experience in the helping profession.

## **CONTINUING EDUCATION:**

**OREGON:** 

Though currently not licensed, at the point where I do receive a license, and to maintain a license in Oregon, I will be required to keep current with my ongoing education, taking classes, dealing with subjects relevant to this profession. I am required and committed to seeking consultation and supervision. In my internship, I have supervision with Bob Davidson M.Div., M.Ed., LMFT. American Association for Marriage and Family Therapists (AAMFT) #14798.

## CLIENTS BILL OF RIGHTS: Clients have the right ...

- \* To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- \* To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- \* To obtain a copy of the Code of Ethics;
- \* To report complaints to the Board;
- To be informed of the cost of professional services before receiving the services;
- \* To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions: 1) Reporting suspected child abuse; 2) Reporting imminent danger to client or others; 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies; 4) Providing information concerning licensee case consultation or supervision; and 5) Defending claims brought by client against licensee.
- \* To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

FEE SCHEDULE: Intake Assessment (First session) \$50.00

Individual, Couple, and Family counseling hour (50 min) \$40.00 Group Counseling \$20.00

PROFESSIONAL/LICENSING BOARD ADDRESSES: (You may contact the board if you have concerns)

Board of Licensed Professional Counselors and Therapists (503) 378-5499

3218 Pringle Road, SE #250 Salem, OR 97302-6312