

## **Lindsay N. Jaques, MA, LPC**

Professional Disclosure Statement

## **Family Institute, P.C.**

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Forest Grove, OR 97116

**Office:** 9735 SW Shady Ln Suite 304  
Tigard, OR 97223

**(503) 601-5400 x 422**

**Philosophy and Approach:** My focus in counseling centers on the respect and empowerment of the client(s). It is my belief that each person has the capacity to make informed choices and to responsibly act in ways that will better the life of oneself and one's surrounding system (family, friends, work, community, etc.). The counseling environment is set up to be one of safety and support to better provide the individual and his or her system with the necessary tools to act and think in a more beneficial manner. My role as a therapist therefore is to facilitate growth, healing, insight, and the exploration of choices reflective of the responsibility and wisdom each individual has with respect to his or her situations. I hold a strong belief that the mental, emotional, relational, physical, and spiritual components of each person work together to make up how the individual perceives oneself and his or her surrounding world. I seek to integrate these aspects of the client to the extent that he or she is willing in order to best meet specified needs and desires.

As a licensed professional counselor of the Oregon State Board of Licensed Professional Counselors and Therapists, and as a member of the American Counseling Association, I will abide by the Code of Ethics.

**Education, Training, and Experience:** I hold a Master's in counseling degree from George Fox University and I am a Licensed Professional Counselor.

Presently I work in a private practice providing counseling services to adolescents and adults with a variety of concerns. I also am employed by Caremark Behavioral Health Services as a psychiatric admissions coordinator for local hospitals. I have worked in the counseling field for five years post master's degree and about three years prior to my graduate degree. Frequently addressed issues may include those of past and current abuse experienced by clients, family of origin shame and dysfunctional patterns, codependent traits, relational struggles, mood and anxiety disorders, and numerous other verbalized concerns.

**Continuing Education and Supervision:** As a licensed professional counselor I have received excessive training, supervision. Furthering my education is a strong priority of mine and, as is required, I will complete a minimum of 40 clock hours of continuing education in counseling related topics every two years.

**Fee for Services:** First session= \$90 per clinical hour; Sessions thereafter= \$70 per clinical hour

**Bill of Rights:** Every client receives the right...

- a) To expect that a licensee has met the minimal qualifications of training and experience required by state law;
- b) To examine public records maintained by the Board and to have the Board confirm credentials of a licensee;
- c) To obtain a copy of the Code of Ethics;
- d) To report complaints to the Board;
- e) To be informed of the cost of professional services before receiving the services;
- f) To be assured of privacy and confidentiality while receiving services as defined by rule and law, including the following exceptions:
  - 1) Reporting suspected child abuse;
  - 2) Reporting imminent danger to client or others;
  - 3) Reporting information required in court proceedings or by client's insurance company, or other relevant agencies;
  - 4) Providing information concerning licensee case consultation or supervision; and
  - 5) Defending claims brought by the client against the licensee.
- g) To be free from being the object of discrimination on the basis of race, religion, gender, or other unlawful category while receiving services.

**Professional Licensing Board Address:** The Board may be contacted at the following address and telephone number:

Oregon Board of Professional Counselors and Therapists  
3218 Pringle Road SE, Suite 250  
Salem, Oregon 97302-6312 (503) 378-5499